

MENTORING FOR ESD-LEADERSHIP PROGRAMME 2019

Project: Healthy Planet – Healthy Me



Project Responsible

Christian Enenkel

Target Group

Youths and (young) adults, Multipliers and other educators in the sphere of ESD

Duration of Project

July 2019 – June 2020

Current Status

Planning phase, Early stage of implementation phase

Adressed SDGs



OBJECTIVES

- Building capacity to enable sustainable food choices that consider both human and planetary well-being.
- Facilitating learners to identify priority actions and assess options according to their preferability.
- Finding criteria and methods to assess the “HPHM score” of food items.

MAIN ACTIVITIES

- Basic workshop and series of three modular in-depth workshops
- Excursions and networking within the local educational landscape
- Development of OER (Open Educational Resources) materials for digital outreach

(PEDAGOGICAL) APPROACH

- Mix of input parts, group tasks and self-directed learning
- Case study learning
- Real-life discoveries within the local educational landscape
- Joint identification of priority actions and individual goal setting

CAPACITY BUILDING

How many people are reached?

Directly:
About 15 people per workshop

Indirectly:
Depending on group of learners,
e.g. multipliers, opinion leaders, parents,
average consumers

What is the most important change you achieve through building capacity?

People take a more holistic view on food and advocate that a stronger focus on it will help achieve sustainability.



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